

A

Evgenia Amey



Evgenia Amey is a PhD candidate in the Department of Music, Art and Culture Studies, University of Jyväskylä, Finland. Her dissertation examines connections between fiction and space, with particular focus on situated reading and belonging. She has published on fiction-inspired travel and literary geographies in international journals. Her other research interests include fan cultures and fanfiction.

B

Ana Baptista

Dr Ana Baptista is, since September 2019, Principal Teaching Fellow and Strategic Lead for Medical Education Transformation at the Faculty of Medicine at Imperial College London (UK). Ana leads on the new MBBS curriculum evaluation, being particularly interested in examining its impact on the development of students' professional identity. Ana is interested in less 'conventional' research methodologies in Higher Education research that illuminate students' and staff diverse and enriching experiences. Autoethnography is one of those research methods as it provides a great potential to access powerful stories.



Liana Beattie

Dr. Liana Beattie started her career in education as a teacher of English as a foreign language after completing her first degree at the Institute of Foreign Languages in Tbilisi (Republic of Georgia). After moving to the UK in 2001, she completed BA Hons in Education with QTS at Liverpool Hope University, followed by MA in Education in 2008. In 2020 Liana was awarded Doctorate in Education at the University of Chester. In her doctoral thesis - 'Making sense of educational leadership. An autoethnographic journey from Soviet totalitarianism to the neoliberal condition of the UK' - she explored educational leadership in contemporary higher education in the UK as experienced by academics with a Soviet background. Currently, Liana works as an Associate Head of Department at Edge Hill University. Her research interests are, mainly, around educational leadership, creative qualitative methodologies, narrative research, and autoethnography.



Lucy Beattie



Lucy Beattie is a PhD candidate at the University of the West of Scotland. Her previous work in the third sector focused on agriculture, community and rural development. She is researching the links between teaching, research and public engagement in STEM; in particular earth sciences, chemistry and engineering. www.researchblog.scot

Roberto Bezerra



Roberto Bezerra is a Professor in English Literatures at the Federal University of Rio de Janeiro who is currently teaching courses on the poetry of modernity. Interested in literary critical literacy, more specifically, the place of literary studies in teacher education in Brazil from a decolonial perspective. Has been experimenting with autoethnography for a while not only as an approach to writing and research but also as a pedagogical resource in the teaching of literature and creative writing. Every now and then he believes he can sing and write songs.

Lydia Boynton

My name is Lydia Boynton and I am a Strategic Teaching Fellow in Anatomy and Diagnostics at Imperial College London. I have been teaching human anatomy to healthcare professionals and students since 2018 and have taught at a number of different institutions across the UK. Anatomy to me is the perfect combination of science and art, which is why I am quite so passionate about the subject. My aim as an educator is to not only deliver high quality anatomical education, but to also ensure that the student feels connected with anatomy and enjoy the learning process rather than seeing it as a burden. In order to allow students to connect with the creative side of anatomy, I have run an anatomy art competition for three 3 years. It is always so well received and enjoyed by both the participants and the viewers of the compositions.

Tim Buescher



Neither nowt nor summat, Tim Buescher/Büscher lives in a world of his own, perpetually either bored or overexcited, experiencing regular epiphanies which sometimes amount to something.

A failed trainee clergyman and accidental cook/deliberate trade unionist, who became an accidental nurse, who became an accidental academic, he is desperately seeking ways to remain an engaged

academic and make a useful contribution to society, in or out of the shifting terrain of academic nurse education. In 2015, he had an awakening at a tiny conference in a youth hostel in York, which has led to his continued search for better ways to communicate with students, the public, and the paraversity at large. This hasn't always worked out as he'd hoped, but it is what makes the whole thing so enjoyable.

Tim can be found at @B33f4rt or you can email him at timbuescher1975@gmail.com

C

David Carless



I am a researcher, writer and musician collaborating on interdisciplinary projects across social science, education and health. I specialise in narrative, autoethnography and arts-based research, often using songwriting, filmmaking and live performance approaches. My research with Kitrina Douglas is available online (see https://www.youtube.com/channel/UckWCTy8bNOY6JlvX_yg-Uig) and has been published as journal articles, books and book chapters. I am currently a Reader in the School of Health and Human Sciences at the University of the West of Scotland and an Honorary Professor in the Centre for Creative Relational Inquiry at the University of Edinburgh.

Ana Cimberis



I am a clinical pharmacist, landscape designer, professor, consultant, and a Doctorate Student at a Graduate Program in Medicines and Pharmacy Practice in the Federal University of Minas Gerais, Brazil. I am interested in medicinal plants and the many ways they can make our lives better. My presentation is titled "Holistic Health and Herbal Medicine: below the iceberg".

Paul Cope



Dr Paul Cope is an artist who has worked at all levels of education for twenty-five years as a teacher and lecturer. Paul is based in Suffolk where he was head of art in middle schools for sixteen years and a part-time lecturer for Suffolk Anglia Ruskin University. Paul's research interest is into the possibilities of teachers using art practice in teaching, particularly through demonstration and modelling. Paul's PhD thesis is entitled 'Let Me Show You What I Mean - Changing Perspectives on the Artist-teacher and the Classroom Art Demonstration' can be found on UALResearch Online. Paul continues a diverse, socially-engaged art practice which can be seen on Instagram @paulcopeart and his website www.paulcope.com

Zoe Crockford



Zoe Crockford is a final year student at Oxford Brookes University studying for an MA in Education (Artist Teacher Practice). She is also a full time secondary art teacher in Bournemouth, Dorset. Her presentation is closely linked to her dissertation and is titled 'Selling or Sharing; what part does Instagram play in my artist identity?'

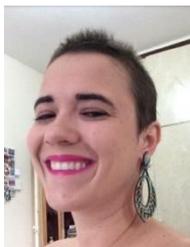
D

Shuktara Das



I am an educator, teaching communication courses and an occasional music teacher. I am new to autoethnography. For years my inclination towards this form of inquiry lay packed away in a mental closet, like one of those boxes that never fully close, contents half spilling out from the yawn. The pandemic put more time in my hands, which turned into a series of reflective moments, and a desire to start writing arose. This presentation is my first serious effort to pen down some of those reflections.

Kirla Barbosa Detoni



Hi! My name is Kirla Barbosa Detoni, I am a feminist, waterfall and plant lover and also a hospital pharmacist, professor and a Doctorate Student at the Graduate Program in Medicines and Pharmacy Practice in the Federal University of Minas Gerais, Brazil. My storytelling is titled "The day when life dressed up as death" and it is an invitation to talk about death and dying.

Kitrina Douglas



I am a video/ethnographer/director, storyteller, musician, and narrative scholar whose research spans the arts, humanities and social sciences. Along with David Carless I have carried out research for a variety of organisation including Department of Health, Addiction Recovery Agency, Royal British Legion, Women's Sports Foundation, UK Sport, local authority and NHS Primary Mental Health Care Trusts. These research projects have provoked us to find ways to communicate what we have learned outside of traditional academic reporting channels. I have a fractional contract at Leeds Beckett University, am Professor of narrative and performance at the University of West London and Visiting Professorship at the University of Coimbra in Portugal. I am also Director of the Boomerang-Project.org.uk an independent arts-based

network for public engagement and performance of social science research, and produce the online qualitative research series “Qualitative Conversations”

E

Robert Edgar



Dr Robert Edgar is Associate Professor in the York Centre for Writing at York St John University. He teaches scriptwriting and genre fiction and has published widely in these areas. Publications include, *Screenwriting* (Bloomsbury 2009), *The Language of Film* (Bloomsbury 2011), *Directing Fiction* (Bloomsbury, 2011), the co-edited *Music Documentary* (Routledge 2015), *Adaptation for Scriptwriters* (Bloomsbury, 2019) and *An Ark for Off World Survival* (Valley Press 2019). He is currently collaborating on *The Routledge Companion to Folk Horror and Thomas Hardy and the Folk Horror Tradition*. In popular music and memoir studies he has co-edited *The Arena Concert* (Bloomsbury 2015), *Music, Memory and Memoir* (Bloomsbury 2019) and *Venue Stories* (Equinox, forthcoming).

Rev Dr Kevin Ellis



I am a Vicar on Anglesey and discovering whether or not he is an autoethnographer or not. I am a Welsh learner. I have a New Testament PhD, and am currently working for another looking at what it means to lead a church as an English priest in Wales, using autoethnography as my lens and liberation theology as one of the many filters

G

Masha Godovannaya



Masha Godovannaya is a visual artist, experimental filmmaker, and queer-feminist researcher. Approaching art production as artistic research and collective action, Masha’s artistic practice draws on combinations of approaches and spheres such as moving image theory, experimental cinema and DIY video tradition, social science, queer theory, decolonial methodologies, and contemporary art.

Masha holds an MFA degree in Film/Video from Milton Avery Graduate School of the Arts, Bard College, New York, and MA in Sociology from European University in St. Petersburg, Russia. Currently, she is a candidate in PhD in Practice at the Academy of Fine Arts, Vienna, Austria. <https://mashagodovannaya.wordpress.com/>

Jess Gosling



Jess Gosling is an international school teacher and holds an MA in Childhood Studies and Early Years. She completed a dissertation which was awarded a distinction: an action research project with narrative inquiry as its methodology. As part of the MA, she explored 'fictional autoethnography' and her own autoethnographic experiences as a trainee teacher. Jess will present an account which combines both approaches. In her presentation she highlights the constraints of hierarchy within institutions, especially in terms of the plight of those subject to it. Post-qualification, Jess continues to write, train and complete research projects within her school, centred around improving the pedagogy and experiences for very young learners of English as an Additional Language.

Alec Grant



Alec Grant has been involved in autoethnography for over 20 years, and is well published in the approach, across many journal articles, book chapters and co-edited books. He was the recipient of the UCAE7 2020 Inaugural Lifetime Contribution Award, 'in recognition of making a significant contribution to the development and nurturance of the field of autoethnography and those working within it'. He is particularly proud of his ongoing collaborative work with his excellent friends and colleagues, Susan Young (Grant and Young, In press for 2022, *Troubling Tolichism in Several Voices: Resisting Epistemic Violence in Creative Analytical and Critical Autoethnographic Practices*. *Journal of Autoethnography*) and Trude Klevan (Klevan and Grant, In press, *An Autoethnography of Becoming a Qualitative Researcher: A Dialogic View of Academic Development*. London and New York: Routledge). His ongoing aim is to make autoethnography more explicitly philosophical.

H

Bethan Habron-James



Bethan Habron-James has an international profile as a music educator with specialism in Dalcroze Eurhythmics (music and movement pedagogy). A former professional violinist, she now teaches musicianship through Dalcroze at the Royal Northern College of Music, Manchester whilst maintaining a private studio teaching the violin, where she continually explores the connection between the body and the instrument. Bethan is currently undertaking doctoral research at Bangor University, North Wales, UK into her own practice.

Espen Hektoen



I am a Ph.D. student at the Department of Education and Lifelong Learning at NTNU, in Trondheim, Norway. My project aims to look at teaching and learning in higher education through a lens of transformative learning theory. I'm also an active drummer and a drum teacher, and my passions for music and pedagogy both reinforces and challenges my work in both arenas. Aside from thesis writing and music lyrics, I sometimes try to also express myself here: <https://pedagogicalverses.medium.com/>

Gary Hodge



Gary Hodge is a Mental Health Nurse Lecturer at the University of Plymouth. He completed his PhD (Mental Health) with Lancaster University in 2020: 'Becoming Intersubjective in medias res of Behaviours that Challenge in Dementia: A Layered Autoethnography'. His presentation 'Becoming-Dementia' is a reflection of his PhD thesis. It explores a nurse's experience of working with people living with dementia through a Deleuzian theory of time lens.

Martin Hoybye



I am an artist and doctoral student enrolled at Aarhus University in Denmark. I develop an artistic research practice using personal and collaborative songwriting to engage with issues of going through 'Anthropocene moments,' doing research through practice by writing songs with people based on give-and-take conversations. My current work is situated within the Environmental Humanities, heeding calls for artists to join in the conversation towards engaging with the onset of the climate and biodiversity crises through creative responses. I have written songs in the Global

South, in Cape Town, with people going through the aftermath of the 'Day Zero' water crisis and in the Global North, in Denmark, with people going through the Covid-19 pandemic.

K

Yusuke Katsura



I get a little nervous when I write or speak in English. "Is this the right way to say it?" I wonder. Anyway, I am currently in the doctoral program at Osaka University, and researching the relationship between "invisible entities" and our lives. It could be coronavirus, a genie, radiation, or God. I am interested in our process of abduction regarding an ambivalent and undetermined realm. I am very happy to be able to participate in this conference. よろしくお願ひします！(I mean, thank you!)

Trude Klevan



practices in the field of mental health.

Trude is an Associate Professor in mental health at the University of South-Eastern Norway. She is educated as a social worker and has longstanding clinical experience from child welfare services and mental health. She completed her PhD in 2017. Through working on her PhD, she became increasingly interested in "troubling" research and research methods, knowledge and what counts as knowledge and the role of the researcher, through critical qualitative inquiry and autoethnography. In her current daily work life she teaches and supervises students and does research. Her main research interests are development and exploration of critical qualitative inquiry, experience based knowledge, and the development of recovery oriented and collaborative

L

Gayle Letherby



Honorary Professor (Plymouth)/Visiting Professor (Greenwich). Alongside substantive interests in reproductive and non/parental identities; gender, health and wellbeing; loss and bereavement; travel and transport mobility and food poverty, I have always been fascinated by research methodology, including auto/biographical, feminist and creative practices. For beyond the academy writing see <http://arwenackcerebrals.blogspot.co.uk/>, <https://www.abctales.com/user/gletcherby>

Christine Lewis



on family estrangement entitled 'Writing Of(f) Family'.

Christine Lewis is a Senior Lecturer in Education at Edge Hill University. Her PhD completed in 2018, was 'An autoethnographic account of communication in adoptive family relationships'. Since 2015 she has been co-ordinator of the Narrative Research Network at Edge Hill University, a group which connects geographically diverse researchers from a host of interdisciplinary backgrounds to engage in dialogue around narrative work and the issues arising from it. Christine's has recently written a chapter for an edited book

M

Fraser Mann



Dr Fraser Mann is Senior Lecturer in Literature at York St. John University, UK. He is a specialist in American writing with particular interests in conflict, testimony, and trauma. He has published research on a range of literary figures such as Ernest Hemingway, James Jones and Norman Mailer. He also works on music writing in the form of creative non-fiction and recently co-edited the Bloomsbury edited collection *Music, Memory and Memoir*. His creative writing can be found on the *Twistin' My Memory, Man* blogspace. His teaching interests include American Studies, autobiography and twentieth- and twenty-first-century war writing.

Nandini Manjunath



Nandini is a Registered Dance Movement Psychotherapist and Trauma therapist and is pursuing her Professional Doctorate in Psychotherapy and Counselling from the University of Edinburgh.

With an educational background in psychology and choreography from her undergraduate years, Nandini is passionate about bringing the creative into the academic and brings all of her dancer, psychotherapist, social activist and researcher selves into the different spaces she resides and works in. She has previously worked in the capacity of a sessional and visiting lecturer at the University of Derby and as a visiting Lecturer and postgraduate tutor at the University of Edinburgh, teaching and presenting at a postgraduate level. Aligning with her strong allegiance towards the Feminist, Post-structural, Post-qualitative research interests, her doctoral research project is becoming an Embodied, Collective Biographic rendition of Bodies materialised in power and patriarchy, rooted in the context of Indian women's experiences of their bodies. In this film/ presentation, she hopes to speak into the ontological tensions of thinking about Identities and bodies (Collective or Individual) and explore how these can be disrupted through the lenses of Deleuzian 'Becoming' and Baradian entanglement.

Simone de Araújo Medina Mendonça



I am a professor at a pharmacy school in Brazil and I am learning autoethnography with my mentor and colleague Djenane Ramalho de Oliveira. We will present an experience of teaching and learning about autoethnography during the pandemic in our country.

Oreoluwa Mohammed



Oreoluwa Mohammed is a 3rd year medical student at Imperial College School of Medicine (London, UK). Ore has been involved in the EDI project entitled 'Thriving not just Surviving', focusing on how the inclusivity of the Medical School Admission Process can be improved. Ore has also been a member of Imperial College Gospel Choir Committee and ICSM Drama Society 2nd year Tutoring Scheme. Ore's main areas of interest are Medical School Inclusivity, Medical Education and Respiratory Medicine. Autoethnography provides a great opportunity to break silences and illustrate individuals enriching life experiences.

Marcia Morgan



Dr Marcia Morgan is an author, of two books: *Black Women Prison Employees: The Intersectionality of Gender and Race*, and *The Silenced Voice: There is Purpose in Pain* - a Business Book Awards 2021 finalist. She is a member of the Prison Service Journal Editorial Board and has published several journal articles in the field of intersectionality and organisational psychodynamics. She is known for her cross-cultural coaching and mentoring programmes, where she applies her specialism in autoethnography, intersectionality, and organisational psychodynamic theory to her practice. She works for Her Majesty's Prison and Probation Service and was a senior lecturer at the University of East London.

You can follow Dr Marcia Morgan Twitter: @marciat455, Instagram: @b_woman_a

O

Rennan Okawa



Rennan is a PhD student at Osaka University. He is a third generation Japanese-Brazilian descendent. His research field is sociology of education. Currently Rennan is a researcher but as he also immigrated to Japan when he was child, Therefore, he is trying to find a position between the parties and the researcher in his study.

P

Julie Parsons



Julie Parsons is an Associate Professor in Sociology and Associate Head of School for Criminology and Sociology at the University of Plymouth. Since 2015 she has worked on a series of externally funded research projects with LandWorks (a resettlement and rehabilitation scheme for prisoners and those at risk of going to prison). The latest project is a British Academy grant exploring the lived experience of the pandemic for socio-economically disadvantaged and criminalised individuals. She is co-convenor of the British Sociological Association (BSA) Food Studies Group and a member of the BSA Auto/Biography study group and runs the Methodological Innovations research group at the University. She regularly interviews trainees on placement at LandWorks for a blog <https://penprojectlandworks.org/>

Rachel Payne



Rachel works at Oxford Brookes University as a Senior Lecturer in Art Education (2004-2019) and Principal Lecturer in Student Experience (2020 – ongoing). Rachel was a former Head of Art in an Oxfordshire secondary school, and then moved to Oxford Brookes in 2004 to lead the Secondary Art/Design PGCE (until 2012). Since 2006 she leads the MA in Education: Artist Teacher Practice.

Research interests focus on emancipatory pedagogies in schools and higher education which lead to transformative artist teacher practices, visual methodologies and policy in art and design education. Rachel is the Immediate Past President for the National Society

for Education in Art and Design (2021) and is a member of the All-Party Parliamentary Group for Art, Craft and Design in Education.

Helen Pleasance



Dr Helen Pleasance is a Senior Lecturer in Creative Writing and Literature at York St. John University. She teaches all aspects of Creative Writing at undergraduate and postgraduate level, but her specialism is Creative Nonfiction in all its forms. She has published on memoir and on narrative engagement with the Moors Murders. Her current Creative research combines family history, needlecraft history and literary engagement with women's needlework (she knows a lot about knitting in twentieth-century women's fiction). She co-edited *Purple Reign: a collection of poetry and prose inspired by the life and music of Prince* (Erbacce, 2019) with Ursula Hurley. She co-edited *Music, Memory and Memoir* (Bloomsbury, 2019) with Rob Edgar and Fraser Mann and is working with them again on the forthcoming *Venue Stories* (Equinox, forthcoming).

Elyse Pineau

Elyse Pineau is an Emeritus Professor from the Department of Communication Studies, Southern Illinois University at Carbondale. Among her recent awards is the 2015 Outstanding Teaching Fellow in the University Honors Program, which was nominated and voted entirely by UHON students. The award comes from the course she taught on the writings of Tolkien.

Donata Puntil



Donata Puntil is the Programme Director for the Modern language Centre-King's College London, where she is responsible for staff development and intercultural training. Donata has an extensive teaching and research experience in Second Language Acquisition, Intercultural Studies and Applied Linguistics, with a particular focus on using cinema and literature in language teaching. In 2017, Donata was nominated as one of the Founding Fellows of King's Educator Network in recognition of her commitment and dedication to learning and teaching in HE. In 2019 she was accredited as Senior Fellow of the Higher Education Academy. Donata

is also an accredited Psychoanalytic Psychotherapist, member of the BPC (British Psychoanalytic Association). Her current research interests are in the field of narrative & autoethnographic inquiry grounded on a posthuman and new materialist approach with a focus on language teachers' nomadic identity and professional development.

R

Edgar Rodríguez-Dorans



Edgar Rodríguez-Dorans is a qualitative researcher and mental health practitioner interested in the study of identities, sexualities, the everyday lives of LGBTQIA+ people, and the use of performing arts in research. He completed a PhD in Counselling Studies at the University of Edinburgh. He is currently a Lecturer in Counselling and Psychotherapy at the University of Salford, UK.

S

Christopher Saunders



I am an artist making Moving Image/Film and related artworks. My Auto-ethnographic work (performed sometimes in combination with film images) reframes and deepens my art research practice into the emotional vulnerabilities of below the surface unsafe psychologies and their eerie replication in psychosocial formations at home, work and public life.

Screenings and shows of my work includes: MOMA, New York, Muse National d'art Moderne, Paris, Westwerk, Hamburg, Rotterdam International Film Festival, South London Gallery and The ICA, London. Selected Film/Video works are in collections with Lux Artists' Moving Image and The British Film Institute.

Kari Silvola



As we live surrounded by texts and produce more and more text ourselves, Kari wanted to explore the multilayered discrimination (intersectionality) that hides in narration to exercise power in language. Passing for straight, writing for his life was his experience when he was living in an illicit relationship in Arabian peninsula. Kari is a researcher doing his PhD dissertation and teaching creative writing at the University of Jyväskylä, Finland.

Martina Stanga

I grew up in Switzerland and my background is in social work. In 2019 I returned to university in Glasgow to complete my Masters in Equality and Human Rights. I had ideas on how to explore the lives and meanings of independence together with my former clients, however, the Covid19 pandemic changed my plans. Instead, I looked inside my own body exploring my life with chronic pain in an autoethnographic way. At the conference, I will present the more evocative and arts-based part of my dissertation exploring adaptations and grieving in chronic pain.



Carly Stewart



Carly Stewart is Head of Department for Sport and Event Management in The Business School Bournemouth University. She is a sociological narrative researcher of lives, bodies, identities and storytelling in a range of disruptive or transitional contexts across sport and physical culture, health, education and workplace settings. Carly's current project is EU Interreg 2Seas funded, and is on entrepreneurship and employability in at risk NEET youths across four countries. Carly is the co-convenor of the British Sociological Association (BSA) Auto/biography study group and editor of Auto/biography Review journal.

Chihiro Suzuki



Chihiro Suzuki is a doctoral student at Osaka Prefecture University. Interested in communication, relationships of people, epistemology and qualitative research methods. Related research areas are gender and identity politics, social welfare, education, art, performance studies, and literature.

I love dogs, cats, piano, music, poetry, my family, and everyday life.

Yuto Takagi



Yuto Takagi is a master's student at Kyoto University. He is studying disability studies, anthropology, and qualitative psychology, and has a broad interest in how able-bodied people experience disability and what disability means to able-bodied people. He is currently researching the existence of "siblings" with disabled people and He himself is a "sibling". He directed a self-documentary, "僕とオトウト(Me and My Brother)" (Producer: Kaoru Ikeya), in which he faced myself and my brother, who is severely mentally disabled.

Aaron Teo



Aaron Teo is a PhD Candidate in the School of Education at the University of Queensland, Australia, and a Business and Legal Studies teacher at a Brisbane-based Independent School. His presentation is titled: An excursion through market square: A migrant 'Asian' Australian teacher's AsianCrit autoethnographic account of guiding white bodies through an 'Asian' ethnoburb.

Teppei Tsuchimoto



Teppei Tsuchimoto, Ph. D., specializes in cultural psychology and career psychology. He works at Ritsumeikan University, Japan. After graduating from university with a degree in science, he made the transition to career psychology. This transition was related to his career goal of "becoming a teacher" and to autoethnography. Hence, he conducted his doctoral dissertation research "autoethnography of career support in transition". More recently, he has developed a cultural psychological interest in the study of children's career development in rural areas.

U

Allison Upshaw



Dr. Allison Upshaw holds the position of Assistant Professor of Voice at Stillman College in Tuscaloosa, AL. Dr. Upshaw is a trained opera singer, a professional actress, and playwright. Over the years, in her professional life, she has held positions as a diversity trainer, a college counselor, a Black cultural center director, and a professional poetry performer. For almost 20 years, she has provided curriculum design and diversity programming for educational systems and arts organizations. Allison holds a doctorate in interdisciplinary studies (aesthetic meaning making/performance/education) from the University of Alabama and is working on her second doctorate in instructional technology. More information can be found on her websites, www.allisonupshawphd.com and www.planningdiversity.com

W

Marnie Wedlake



I'm a full-time faculty member in the School of Health Studies at The University of Western Ontario, and I'm also a Registered Psychotherapist. My area of interest is mental health & wellbeing, broadly speaking. I believe most people share a fundamental desire to experience a greater sense of overall wellbeing. Through direct experience, I know many are becoming increasingly vocal about this. They are stating their beliefs that overall wellbeing is not created or maintained through processes and systems that medicalize and pathologize how they cope with their burdens, traumas, and adversities. I'm convinced that wellbeing is a fundamental state that is available to all people. In this regard, I feel that 'modern' mental health care has lost its way.

Both professionally and academically, the philosophy that guides me is perhaps best captured by my tagline: 'Wellbeing is not prescribed. It is created. With ownership and intention.'

Christa Welsh



Christa is a BACP accredited psychotherapist in private practice for over twenty years specialising in race, gender and trauma. Christa is currently a doctoral researcher into transgenerational traumatic bonding at the Metanoia Institute. Her recent auto-ethnography 'Child-Shifting and Reunification- the psychological implications for African Caribbean women' has been performed at the Separation and Reunion Forum, Middlesex University and at the Memory Association's Inaugural conference in Copenhagen in 2017. As a radical educationalist, Christa sees herself as playing a critical role in the construction of 'new' meaning and perception to liberate both the oppressed and the oppressors from what Friere defines as the conspiracy of silence.

Kinan Wihba



Kinan Wihba is a 3rd year medical student at Imperial College School of Medicine (London, UK) with a keen interest in medical education. Kinan will be studying a BSc in Global Health in 2021/22. Kinan has been involved in multiple dynamic staff-student collaborative projects to improve inclusivity for students from under-represented backgrounds in Higher Education. Kinan has also worked independently to review the primary care curriculum for 2nd year medical students from an inclusion and diversity perspective and to create new teaching material. Kinan is a Syrian refugee who draws on his lived experiences as a survivor of forced migration and transnational integration to help cultivate a more supportive atmosphere for refugees in Higher Education. With its reflective and retrospective qualities, autoethnography has been the best method for Kinan to approach and share his story.

Marnina Winkler



Marnina Winkler is currently a PhD student in the Department of German at University College Cork, Ireland. She has a Bachelor's Degree in Music with a minor in History from Utah Valley University and received a Master's degree in Ethnomusicology from University College Cork. Recently, Marnina was the Local Jewish Historian and co-presenter of the "Cork Jewish Culture Virtual Walk" which was sponsored by the Cork City Council and was also a guest speaker on the Irish television programme 'Nationwide', touring and discussing Cork Jewish history. Marnina's research focuses on the archive collection of the first Jewish Lord Mayor of Cork, Gerald Goldberg (1912-2003), centring on the concept of life writing - understanding autobiographies, fictionalization of experiences, memory, and archives.

Richard Whall



I am a Lecturer in Human Movement, teaching on the Sport & PE and Outdoors undergraduate courses at the University of Central Lancashire (UK). Previously, I completed both an undergraduate and postgraduate degree in Sport, Exercise & Nutrition Science before spending a number of years working across the health, fitness & education industry as a coach, trainer, advisor and qualified Primary school teacher. Combining my work and academic experiences, I have developed an interest in the physicality of learning, from a scientific and philosophical perspective. This has led me to explore the concept of physical intelligence as a PhD project, and people's experiences of physical intelligence through running.

Jason Wragg



Jason Wragg is presently the course leader for the BA (Hons) Outdoor Adventure Leadership at the University of Central Lancashire. Alongside this role Jason is currently undertaking a PhD which is an autoethnographic exploration of the pilgrim adventurer. Having worked in international expedition leadership and been an ardent adventure traveller Jason became interested in undertaking a PhD in adventurous travel. He has a particular interest in the anthropology of adventure, the meanings we attach to it through narrative and the embodiment of travel.

Y

Naoko Yokoyama



Naoko Yokoyama is a Japanese nurse and a PhD student who is studying the relationship between subjects with post-stroke syndrome and the people around them from the cultural psychology perspective. She is also doing autoethnography of the relationship between "I" and the subject affected by COVID-19 and studying what happened at the boundary.

Susan Young



Susan Young is an internationally renowned animation director whose commercials, titles, promos and films have received numerous awards, including a BAFTA nomination. In the late 1990's her husband attempted to murder her, and while overworking to cope with this she sustained a career-ending hand injury, precipitating a significant period of mental ill-health and treatment within the psychiatric system. Fascinated by animation's potential as a medium for processing trauma, she is currently writing up her PhD: *Bearing Witness: Autoethnographic Animation and the Metabolism of Trauma* at the Royal College of Art. Her research is multidisciplinary and combines a cognitive focus with autoethnographic methodologies to bear witness to trauma, and critique and challenge institutional psychiatry.

Z

Miho Zlazli



Miho Zlazli is a PhD student at SOAS University of London. She is an indigenous Ryukyuan originally from Okinawa Island in the current territory of Japan, which has made her interested in pluralistic identity of people who cross visible and invisible borders. She currently conducts collaborative (auto)ethnography and participatory action research with new speakers of Ryukyuan languages to explore challenges of language acquisition in the context of endangered languages.

Mihirini de Zoysa



Mihirini is guided by her identity as a wounded-healer and the premise that human beings are storied creatures. As an action researcher and narrative inquirer, her research inquires into writing as method, with a particular interest in women writing women's stories. She brings this same rigour and curiosity to her work of over a 25 year career as a coach and organisation development consultant with over thousands of leaders, teams and organisations, in supporting their journeys through transitions and transformation. She is a practitioner-scholar with a Doctorate (DProf) in Organisational Change from the Ashridge School of Business and Middlesex University, UK; MSc in Responsibility and Business Practices from the University of Bath, UK; and BSc in Economics from the University of London, UK. She continues to be informed and be relevant through her writing, research and commitment to continuous learning.