Pre Conference Workshops
[The Light Studio]

8:30am  Welcome desk open for pre-conference workshop delegates: hosts Alys Mendus & Melissa Dunlop

9:10:15  Workshop one
Corporeal Writing: how to use your body to hold your pen with Kyra Pollitt [Light breakfast available]

10:30 -11:45  Workshop two
A true friend stabs you in the front: Friendship as autoethnographic method in the Paraversity with Alec Grant & Trude Klevan

11:50-1:20  Workshop three [a working lunch will be served during this workshop]
Creativity & Collaboration; sound, audio, moving Image & animation with Melanie Hani, Kitrina Douglas, David Carless, Tim Allen

Reimagining Experience: The Fifth British Conference of Autoethnography

1:30  Welcome desk open for all delegates [Studio Two] Refreshments will be served

2:00  Conference Welcome and Breathing Space: Chair Kitrina Douglas, violin solo Bethan Harbon-James

2:10-3:30  Session 1: Understanding, Exploring and Communicating Mental Health & Illness, Chair Alec Grant
Spitting Truth From My Soul: An Anti-Colonial Autoethnography of Narrative Therapy and Rap Music. Travis Heath, Metropolitan State University of Denver, USA
Cowboys and Pirates in Mental Healthcare: A Musical Autoethnography, David Carless, Leeds Beckett University
Promoting good mental health in the workplace for people who experience mental ill-health: an insider perspective. Joanna Fox, Anglia Ruskin University, UK
“I’m not Waving, I’m Drowning”: An autheathnography of Biographical Disruption, Reconstruction and Recovery From Prescribed Benzodiazepine use. Alison M. Fixsen, University of Westminster, UK
The importance of the recognising the ‘I’ in Nursing to understand the ‘U’ in Behaviour. Gary Hodge, Lancaster University and Mental Health Nurse for Livewell Southwest, Plymouth.

Poetics: a form for surviving bereavement by suicide, Claire Williamson Cardiff University and Metanoia Institute
3:50-4:50  Session 2: Collaborative Autoethnographies: working at the border and as a member of a research team, Chair Jonathan Wyatt

Unravelling work based identity: A collaborative authoethnography, Margaret Page, University of the West of England.

“What are your findings?” Personal quests for meaning in a collaborative PhD project, Tim Buescher, University of Hull.

Nature of editing and ownership; Putting yourself in the picture without hierarchy / The line between friendship and ‘work’, Yasmin Shaikh

Community partners acting as insider researchers to facilitate a Do-It-Yourself networking. Gareth Davies, The Open University, Katalin Hausel, The unMonastery, Lausanne, Switzerland, James Stevens, SPC.

5:00-6:00  Session 3: Publishing Autoethnographic Research, Chair Kitrina Douglas

Authors/editor Alec Grant, Jonathan Wyatt, Sarah Helps, David Carless, & Kitrina Douglas who contributed to “International Perspectives on Autoethnography Research and Practice”, author of “Madness As Methodology” Ken Gale, talk about their work with Hannah Shakespeare, Senior Commissioning Editor Research Methods, Routledge

6:00-7:30  Welcome Reception [Light Studio]
Routledge Book display and poster presentation: ‘Between paucity and policy: Using autoethnographic narratives to explore the gap between ability and expectation in Initial Teacher Education Foreign Language Modules’, Kate Firks, University of St Mark and St John, Plymouth.
DAY TWO: TUESDAY 24TH JULY
Venue: Bristol MSHED

9:00-9:10

Breathing Space [Studio One]
Francis St John a cappella recital

STUDIO ONE

9:15-10:30

Session 4: Expanding narratives for empowerment and action, Chair Alys Mendus
The Politics of My Sexually Violated Self: Rebecca Helman, University of South Africa, University of Edinburgh
Writing the Disabled Self: Using Autoethnography to Analyse the Lived Experience of Impairment Under Austerity: Lisa Davies
War Veterans, Film, Documentary Theatre, Witnessing, Performance: Dr David Jackson, University of Exeter
Wearing/Not Wearing the Niqab in Early Childhood Education and Care (ECEC) Settings: Haniya Mohamed MA-ECS (Candidate), School of Early Childhood Studies Ryerson University, Canada
Don’t say F***: a Kuwaiti woman’s journey to self-definition after psychosis: Dr. Fejer Almajed, Independent researcher

Session 5: Challenging cultural narratives of gender, sexism & racism, Chair Andrew Gillott
Infinite shades of Grey – a (slightly feminist) visual autoethnography of becoming grey, Sarah Helps
Tavistock and Portman NHS Foundation Trust, London
Examining Subjectivity at the Border: An Autoethnographic Account of Blackness and the Moving Body. Donald Brown Jr, College of Nursing, New York University, NY
An autoethnographic account of a Saudi Arabian Woman conducting PhD Research in a UK University, Aeshah Jawkhab, Portsmouth University
Surviving Sexism in Academia: Storying the self as a method of writing to resist. Dr Jess Moriarty, University of Brighton
Drawing the naked woman Gabriel Soler, University of Edinburgh
Between Academy and home – An autoethnography of borders and connections. Dr. Calanit Tsalach, Spitzer Department of Social Work, Ben-Gurion University of the Negev.

10:30-11:00

Morning Break: refreshments served in the upstairs foyer

11:00-11:55

Session 6: Fathers & Sons, Chair James Wallis Barnes
Out here a man settles his own problems": fathers, sons and learning from stand-up, therapy and John Wayne, Jonathan Wyatt, The University of Edinburgh
First my dad, then my iPhone: poking around double loss poetically with a wee bit of singing, Daniel Clarke, University of Dundee
Becoming (animal) with my Dad: using a Deleuzian play of differentiating lines to theorise familial relationality in more than simply human terms, Ken Gale, University of Plymouth
Not being able to hold: the relationship with my dad, Gabriel Soler, University of Edinburgh

Conference Workshop 1

The meaning of Dalcroze Eurhythmics in artful autoethnography
Bethan Habron-James
12:05-1:00  **Session 7: Fathers & Daughters**, Chair David Carless
Exhuming the good that men do: the play of the mnemonic imagination in the making of an autoethnographic text, Jackie Goode, Loughborough University

“My Dad” a map of how I got where I am now, or how I hope I can tell this story. Poetic performance-lecture, Joana Craveiro. IHC/Nova (Institute of Contemporary History, New University of Lisbon); Teatro do Vestido, Portugal.

Child-shifting and Reunification: The psychological implications for British African Caribbean Women. Christa Welsh-Saunders

There ain’t no cowboys in Portishead, (or are there?): story fragments, identity, and singing the American dream with an English accent, Kitrina Douglas, Leeds Beckett University

1:00-2:00  **Session 8: New Materialism**, Chair Sally Chisholm
Animated Autoethnography: An existential self reflective analysis of chaos and order within the self as a therapeutic process, Melanie Hani, University of Loughborough

Arts-Based Research, New Materialism and Autoethnography, Susan Young, Royal College of Art

“Come weave, dance, move, live my PhD...: A Film and interactive paper in different parts.” Alys Mendus, Independent Scholar.

“No voice, no one sees, and no one asks; in the silence, flawed perceptions wreak havoc with life.” Joan B. Williams.

Re-imaging Fetish: Autoethnography and Art Psychotherapy, Susan Mackay, The University of Edinburgh

Autoethno-Satire: Bringing together satire, speculative fiction and autoethnography, Russell Heywood, Brighton University

**Conference Workshop 2**
All that is left unsaid
Melissa Dunlop

2:00-3:30  **Session 9: Sculpting an artefact of selves**, Chair Melissa Dunlop
The education of an artist-teacher in a closing middle school, Paul Cope, Norwich University of the Arts and University of the Arts, London

Autoethnos: stories from the self - commentary on a visual art exhibition. Susan Diab, artist, University of Brighton.

The splitting of my soul: Living my life as inquiry in the name of research, Janice Filer, International Sherborne Movement Association, University of Bristol

“Exploring prolonged grief: an autoethnographic study”, Elis Mokhtar, Loughborough University, Leicestershire

Autoethnography: The Narratives Surrounding the Embedded and Social Self, Derek Morris, University of Edinburgh.
### Afternoon tea and scones in the foyer

3:50-5:00  
**Session 10: Challenging oppression: systems and institutions**, Chair Trude Klevan

- Relational ethics and the institution as ‘intimate other’, Alex Franklin, University of the West of England, Bristol,
- It’s Alive!: Wrangling the complexities of lived research in the ambiguity adverse world of academia, Fiona Stirling, Counselling Lecturer at Abertay University, Dundee
- Coming face to face with the Welfare beast, myself and my own research, Knut Tore Sælør, University of South-Eastern Norway
- Being a ‘good academic’ in the neoliberal academy: An autoethnographic account of moments of imposter syndrome and the structuring of feeling’s Karen Lumsden University of Leicester

5:00-5:30  
**Closing Breathing Space** [Studio One]

### Session 11: Life Journeys & reflections, Chair, Ken Gale

- “Daywithatree”. Dr Jamie Wallis-Barnes, University of Sussex.
- Will you be with me to the end: writings to endure death and dying, Dr. Johanna Hefel, FHV - University of Applied Sciences Vorarlberg, Austria
- Uneasy lies the head that wears a crown: Problematising my relationships in high-performance sport. Andrew Gillott; Affiliation: Leeds Beckett University
- “Autoethnography as method: Examining self and occupation through reflection and introspection” Samuel Messam, Bradford College University Centre
- The symptoms of hydrocephalus and their impact on a sufferer’s ability to convey emotion during musical, vocal performance, Francis St John, University of West London, London College of Music & Elizabeth Eagle-Bott

5:30-7:00  
**Post Conference BBQ** [TBC]